



# ela

enriched lifestyles for  
adults with disabilities



A collaborative program presented by  
The Center For Enriched Living &  
Northern Suburban Special Recreation Association

# Welcome to ELA: Enriched



## Enriched Lifestyles for Adults (ELA)

is a year-round day program for individuals with disabilities who are 22 years and older. As a collaborative effort between The Center for Enriched Living and the Northern Suburban Special Recreation Association (NSSRA), ELA presents the best resources these two organizations have to offer.

NSSRA and The Center each bring more than 35 years experience of serving people with disabilities to this exciting collaboration. The ELA Program was created to enhance the quality of life and offer well-rounded daytime program options for adults with disabilities while providing a flexible schedule for families.

## ELA Program Core Areas:

- **Independent Living & Continuing Education**  
Computers, Nutrition & Health, Money Skills, Reading, Cooking
- **Communication & Socialization**  
Peer Interactions, Current Events, Relationship Building, Conflict Resolution
- **Recreation & Leisure**  
Sports, Fitness, Arts & Crafts, Music, Hobbies
- **Community Integration**  
Service Projects, Lunch Outings, Day Trips, Explore Local Resources



## ELA Program Schedule

Program Times:

9 a.m. to 3 p.m.; Monday – Friday

Participants may choose to attend two, three or five days with half day and full day options.

Location:

The Center for Enriched Living  
280 Saunders Road  
Riverwoods, Illinois 60015  
847-948-7001

## The ELA Commitment:

**Your Commitment to ELA:**

- Applicant must commit to a full year of participation.
- Applicant's family must assist in fundraising efforts.

**ELA's Commitment to You:**

- Provide a full year of quality programming to meet the social, recreational, and continuing education needs of our participants.
- Provide a safe, stimulating and supportive environment.
- Provide professional, caring and dedicated staff.

For more information regarding the ELA Program contact the Manager of ELA at 847-509-9400 or e-mail [info@ElaProgram.org](mailto:info@ElaProgram.org)

# Lifestyles for Adults

## ELA Program Registration

### ELA Applicants Must:

- Be 22 years & older, or a high school graduate.
- Complete the intake assessment process to determine ELA eligibility and participant program needs.
- Sign a release of information form.

### Registration Procedures:

1. Registrations are accepted throughout the program year. Program capacity is limited. Check the ELA website: [www.ElaProgram.org](http://www.ElaProgram.org) or call the Manager of ELA at 847-509-9400 for openings.
2. Complete the registration form and send in with a \$100 deposit.
3. You will be contacted to schedule an assessment.
4. If preferred program option is unavailable, your name will be placed on the Interest List.
5. Interest List: when an opening becomes available, those on the Interest List will be contacted. A deposit must be received by the designated deadline. If the number of those interested in a program option exceeds the program capacity, then a lottery will take place. Those who do not receive their desired slot will have their deposit returned and may choose to remain on the list.

### Resident Policy:

Participants who live in the following communities are considered to be within the ELA Program Service Area:

- Deerfield Park District
- Glencoe Park District
- Glenview Park District
- Park District of Highland Park
- City of Highwood
- Kenilworth Park District
- Lake Bluff Park District
- City of Lake Forest
- Northbrook Park District
- Northfield Park District
- Village of Riverwoods
- Wilmette Park District
- Winnetka Park District

An additional 10% administrative fee is applied for those participants who reside outside of NSSRA boundaries.

### Contact Us:

If you wish to learn more about the ELA Program or to schedule a tour, contact the Manager of ELA at 847-509-9400 or email: [info@ElaProgram.org](mailto:info@ElaProgram.org).





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Riverwoods, Illinois 60015

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**The Center for Enriched Living**  
280 Saunders Road  
Riverwoods, Illinois 60015  
Phone: 847-948-7001  
[www.CenterForEnrichedLiving.org](http://www.CenterForEnrichedLiving.org)



**Northern Suburban Special  
Recreation Association**  
3105 MacArthur Boulevard  
Northbrook, Illinois 60062  
Phone: 847-509-9400  
[www.nssra.org](http://www.nssra.org)

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