

New Fall Programs Announced at the Center for Enriched Living!

Riverwoods, Illinois, August 20 – An exciting lineup of programs, classes and social excursions have been announced for fall at the Center for Enriched Living (CEL)! CEL, a non-profit in Riverwoods, Illinois, provides social and recreational opportunities for nearly 500 Chicagoland teens, adults and seniors with developmental disabilities including autism, Down syndrome, cerebral palsy and others.

At CEL, members not only select the programs that meet their individual interests, needs and budgets, but also assist with the development of new programs. With more than 20 different programs scheduled to run, CEL members are able to choose from a wide variety of options.

Teens and young adults (13-22) will have exciting options to choose from including **The Center Presents (TCP)**, a fun after-school program consisting of cooking, life skills, sports & fitness, creative expressions and community excursions; **Monday Night Bowling** and monthly **Open Mic Nights** (ages 18 and over), where members and non-members alike can showcase their talents in front of their peers - performing poetry or a stand-up routine, singing, dancing and more. These outstanding options feature a wide-range of social activities designed for teens and young adults to socialize and enjoy time with friends in a fun environment.

Another new program generating a lot of buzz around CEL is **Thursday Ladies Night** for women ages 22 and over. This program provides opportunities for the women to enjoy girl-time with mocktails and movies, dance and yoga, jewelry-making and more!

In addition to the new programs, CEL will continue to offer its popular ELA and REACH adult day programs, as well as afternoon, evening and weekend social enrichment programs and many community events. “CEL strives to provide each member with the opportunity to participate in programs that meets their interests and budgets,” says Melissa Juarez-Ehlers, Director of Program Services.

Scholarships are available to assist those in financial need and transportation is provided from points throughout the area. “We are so pleased to offer expanded social and enrichment opportunities for our members,” says Executive Director, Harriet Levy. “CEL is a place of unlimited potential and we aim to provide each CEL member with a community of friends and a world of opportunities.”

To find out more about CEL’s fall program lineup, go to www.CenterForEnrichedLiving.org or call 847.948.7001.

About the Center for Enriched Living

The Center for Enriched Living enhances and enriches the lives of people with developmental and intellectual disabilities – from youth through adulthood. CEL provides a space for our members to grow and learn new social, educational and independent living skills as well as have equal opportunities to fulfill their dreams and become vital participants within their communities. More information available at www.CenterForEnrichedLiving.org.