

GIVING BACK >

## CEL IS GOOD FOR YOUR HEALTH?

**I**t's a great feeling after a long, stressful day at work to come to CEL and see a bunch of smiling faces that are genuinely happy to see you.  
- Gloria L., CEL volunteer

The benefits of volunteering are plentiful! Volunteering gives you a sense of purpose, increases your self-esteem, makes you happier, connects you to community and even improves your health.

At CEL, we love volunteers and we love to volunteer. CEL members contribute their time in a number of different ways; hosting a pet food & supply drive for the Tree House Humane Shelter, sorting through food at local food pantries, and one of many REACH members favorite volunteer activity - preparing and delivering meals to home-bound seniors.

Members are able to showcase their various strengths and talents. Sean and Kevin, both of whom may need prompting to complete other tasks, look forward to preparing the food bags. Staff provide initial direction of what to include for each meal, and with that, Sean and Kevin are off and able to go about their routine with very little prompting.



You should see the smile on the seniors' faces when members, Brad, Jenny and Patrick deliver meals to their doors. Brad even tells them some of his favorite jokes. For some seniors, this may be the only contact with the outside world. One resident shared, "God made certain people part of your life because he knew his purpose for your lives will be achieved through your bond."

Every CEL member experiences success because we focus on their abilities - of which they have many. Each member is encouraged to do and be their very best.

**You ensure these success stories unfold daily  
with your generous support.**

Do you want to make an even bigger impact on this organization? Check out ways you can get further involved:



**Volunteer on CEL's Board - create your own legacy!**  
CEL has a committed and dynamic team of leaders who are dedicated to advancing our mission. Board members use their expertise to ensure that CEL continues to grow and thrive. If you have a passion for our vision, excellent leadership skills, and a willingness and ability to be an advocate for CEL, we are looking for you!

Complete an application today at:

<https://www.CenterForEnrichedLiving.org/volunteer/>

Contact Harriet Levy at 847.315.9914 to learn more.



**Volunteer in Program - directly impact lives!**

Volunteering in a weekly program is fun and impacts the lives of CEL members. From bowling and cooking to dancing and creating art, give your time and make a big difference with your talents.

Complete an application today at:

<https://www.CenterForEnrichedLiving.org/volunteer/>

Contact Ashley May at 847.315.9921 to learn more.

Thank you for all you do so that people with developmental disabilities are equal, valued and contributing members of the community!

**CAR RAFFLE >**

## WIN A 2016 MAZDA MX-5 MIATA GT OR \$30,000

The odds are in your favor for the 2016 raffle benefiting CEL! With only 1,299 tickets sold, you have a great chance of winning one of Car and Driver Magazine's 10 Best Cars! Tickets are now available - \$100/each or 3 for \$275.

Buy your ticket by Monday, April 4 and you'll be entered in the \$1,000 Early Bird Drawing on Tuesday, April 5.

Grand prize drawing takes place Monday, May 2nd at Chefs' Night.

Purchase your tickets online at:  
[www.CenterForEnrichedLiving.org/Car-Raffle](http://www.CenterForEnrichedLiving.org/Car-Raffle)

