



# Winter & Spring Guide

Experience Life's Possibilities

2024



Programs & Services for People with Developmental Disabilities

**Lots of New Programs Inside!**

**Sweetheart Dance is Friday, February 9!**

**Virtual Program Guide! Pages 18-19**



## Our Vision

People with developmental disabilities are empowered to realize their greatest potential, thrive within the community, and achieve their hopes and dreams.

## Our Mission

Enriching the lives of individuals with developmental disabilities by maximizing their opportunities for personal success, fun & friendship, employment, and community involvement.





## HOW TO REGISTER

1. Find programs you're interested in!

2. **NEW MEMBERS:**

Contact us at 847.948.7001 or  
[Outreach@CenterForEnrichedLiving.org](mailto:Outreach@CenterForEnrichedLiving.org)  
to get started.



**RETURNING MEMBERS:**

Fill out the Returning  
Member Registration  
Form in this guide  
or scan to access it online.

3. Program availability will be determined  
before we process all registrations and  
payments.

Questions?

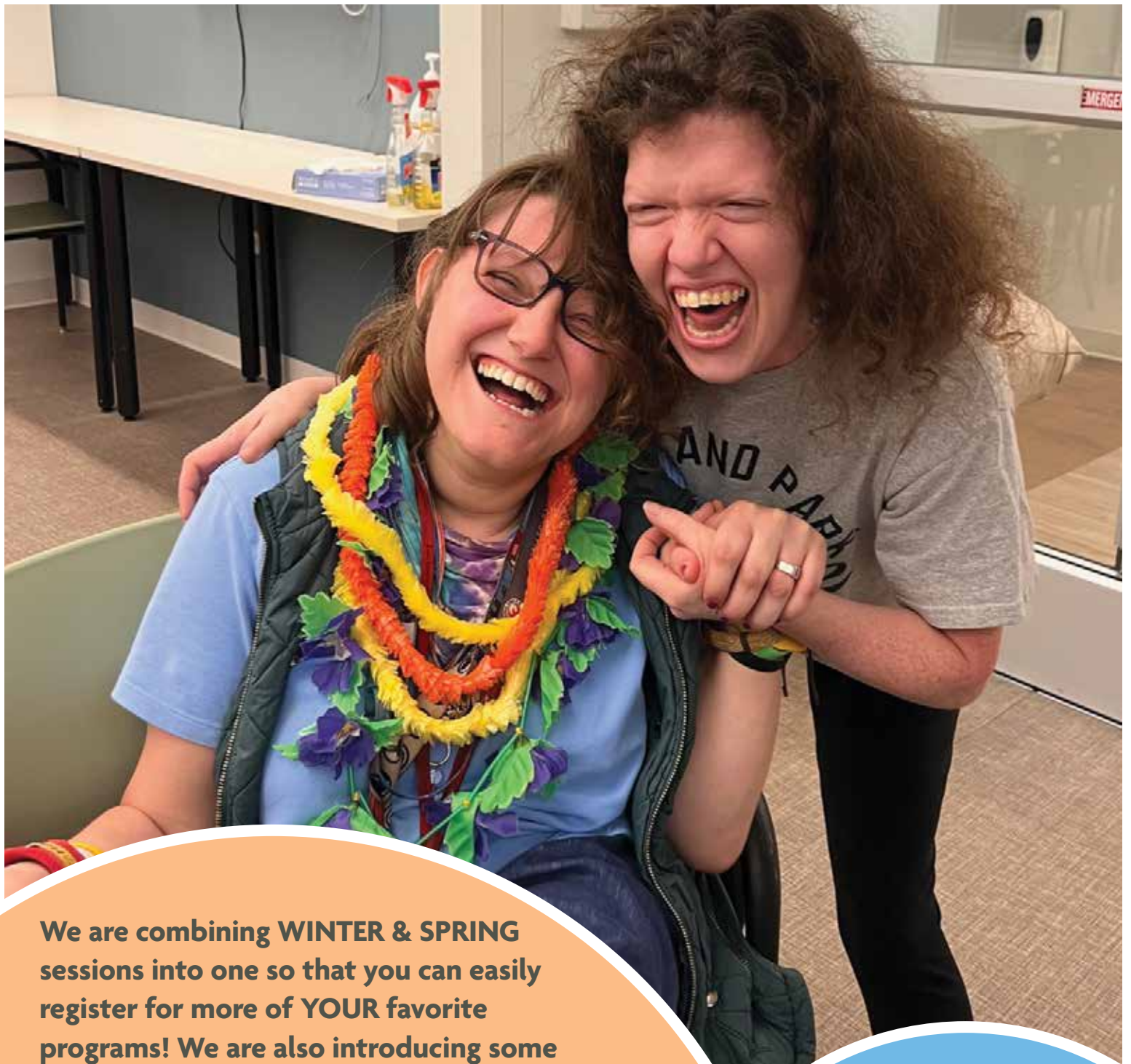
[Outreach@CenterForEnrichedLiving.org](mailto:Outreach@CenterForEnrichedLiving.org)

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**We are combining WINTER & SPRING sessions into one so that you can easily register for more of YOUR favorite programs! We are also introducing some new opportunities like Theater Lovers and Brunch Bunch, based on your feedback.**



Your ideas help us create programs that we know you will love and enjoy. If you have suggestions about programs or have questions about the activities offered in this guide, please reach out to us. We'd love to hear from you!  
[Programs@Centerforenrichedliving.org](mailto:Programs@Centerforenrichedliving.org)

**WINTER  
&  
SPRING**

# MONDAY NIGHT BOWLING

(AGES 18+)



Kick off your week with a night of bowling with friends. Whether you're new to the game or one of our high rollers, this night is lots of fun! Enjoy a pizza party to end the session on our final bowling night!

*Members may meet at Lakeside Lanes at 6:30pm or meet at CEL at 5:45 for transportation to and from Lakeside. Arrange for pick up at 8:30pm.*

**When:** 1/8-5/13 (16 weeks; No program 1/15, 3/25 & 4/1)  
**Time:** 6:30pm - 8:00pm  
**Fee:** \$480

# MONDAY NIGHT BINGO!

(AGES 18+)



Start out your week with friends as we offer one of your very favorite activities! Pick diagonals, coveralls, or letters, it's Bingo Baby!

**When:** 1/8-5/13 (16 weeks; No program 1/15, 3/25 & 4/1)  
**Time:** 6:30pm - 8:30pm  
**Fee:** \$400

Scholarships available, see page 28 for more information.



# TUESDAY NIGHT ART

(AGES 18+)



Learn about different artists and create art based on their work. Each week will showcase a different technique and inventive way to use materials. Members may work at their own pace in a fun and supportive environment, emphasizing creativity and self-expression.

**When:** 1/9-5/14

(18 weeks; no program 3/26)

**Time:** 6:30pm - 8:30pm

**Fee:** \$540



This program is partially supported by a grant from the Illinois Arts Council Agency.

# WEDNESDAY NIGHT SAMPLER

(AGES 18+)

Experience a variety of activities or choose your favorites in an evening of YOUR favorite things. We will rotate the themes below every other week, so that you can enjoy the best of Wednesday night with your friends!

## JANUARY - MAY

**Fun and Games:** Uno, Trivia, Jeopardy and more- challenge your friends each week. Game On!

**Book Worms:** We'll choose a new or classic tale each week and have fun while learning more with one another.

## JANUARY - FEBRUARY

**Happy 'Hygge':** 'Hygge' means all things cozy, comfortable and content – doesn't that sound wonderful? Join us and find out more!

**Wizards World:** From Harry Potter to the land of Oz, explore all the history and magic of wizards.

## MARCH - MAY

**Drawing Disney:** The world of animation is exciting and magical; learn about the history and how to draw your favorite characters!

**Man's Best Friend:** Welcome the world of puppies and dogs – learn about and meet the various breeds and make treats for our local shelters.

**When:** 1/10-5/15

(18 weeks; no program 3/27)

**Time:** 6:30pm - 8:30pm

**Fee:** \$450



The sampler is a great program for new members to try CEL!



# THURSDAY LADIES NIGHT

(AGES 18+)



Oh yes, it's Ladies Night! Talk about what's new in fashion, music or hairstyle trends – share stories and enjoy making some yummy treats. Finish off the session by joining with Guys night for a Spring Mixer!

**When:** 9 weeks; 1/11, 1/25, 2/8, 2/22, 3/7, 3/21, 4/11, 4/25, Mixer 5/9

**Time:** 6:30pm - 8:30pm

**Fee:** \$270

# THURSDAY GUYS NIGHT

(AGES 18+)



Join your buddies for all kinds of awesome activities! Will it be sports talk, game night or shooting hoops? The choice is yours! Finish off the session by joining with the ladies night for a Spring Mixer!

**When:** 9 weeks; Every other week  
1/18, 2/1, 2/15, 2/29, 3/14, 4/4, 4/18,  
5/2, Mixer 5/9 (No Program 3/28)

**Time:** 6:30pm - 8:30pm

**Fee:** \$270



## FRIDAY NIGHT MUSIC

(AGES 18+)



Music lovers unite! Sing karaoke, watch videos and dance to your favorite songs, or play an instrument and learn drumming! We will end the session on May 17th with an 80's Dance Party!

**When:** 1/12-5/17 (17 weeks;  
no program 2/9, Sweetheart Dance and 3/29)  
**Time:** 6:30pm - 8:30pm  
**Fee:** \$425

Make sure to register for our Sweetheart Dance on Friday 2/9. Details on page 11

## FRIDAY OPEN MIC NIGHT

(AGES 18+)



Calling all budding singers, comedians, and entertainers! Belt out your favorite tune, start a conga line or line up your favorite jokes and stories as we share a night of cheers and laughs with friends.

**When:** Once/month Fridays;  
1/19, 2/16, 3/15, 4/19 & 5/10  
**Time:** 7:00pm - 8:30pm  
**Fee:** \$20/night

## FRIDAY MOVIE NIGHT AT CEL!

(AGES 18+)



Have some Friday Night fun – watch a movie with friends at CEL! From Disney favorites to action and adventure, settle in with popcorn and enjoy the show! *End times may vary depending on movie chosen.*

**When:** Once/month Fridays;  
1/26, 2/23, 3/22, 4/26 & 5/17  
**Time:** 7:00pm - 9:00pm  
**Fee:** \$25/night

# SATURDAY SOCIAL

(AGES 18+)



Fall into fun each Saturday with your choice of one of the following options:

**Option 1 - Morning Crew & Friendship Club:**

Themed Games, art projects, music, making treats and gym time – morning and afternoon!

**Option 2 - Morning Crew and Bowling:**

Themed games, art projects, trivia and music, with bowling in the afternoon!\*

**Option 3 - Out and About:**

Full day excursions\*\* to venues in our community and beyond. Some weeks may include going out for lunch or bowling.

**When:** 1/13-5/18

*(18 weeks; no program 3/30)*

**Time:** 10:00am - 3:00pm

**Fee:**

**Option 1 - \$900** (\$50/day x 18)

**Option 2 - \$1350** (\$75/day x 18)

**Option 3 - \$1350** (\$75/day x 18)

*\*We always strive to find an accessible bowling alley.*

*\*\*Weather permitting*



**Friday,  
February 9**  
Ages 18+  
7:00pm - 9:00pm  
\$30



**REGISTRATION  
DEADLINE: 2/2**  
(or until dance reaches capacity)



# Sweetheart Dance



ADULT PROGRAMS

**Dance fills up quickly, so register NOW to secure your spot!**

# THEATER LOVERS

(AGES 18+)



You've always enjoyed the shows at the Metropolis Theater, and we can't wait to see their 2024 performances! Join us for one or both of these great musicals and share your love of Theater with friends! *Fee includes ticket; please bring money for concessions, if desired.*

## **Music Man**

*When: Sunday 2/4*

*Time: 2:00pm - 6:30pm\**

*Fee: \$80*

## **9-5 – The Musical!**

*When: Friday 5/3*

*Time: 6:30pm - 11:00pm\**

*Fee: \$80*

*\*Exact times are tentative and dependent on run time. We will communicate details as the event nears.*

# BRUNCH BUNCH

(AGES 18+)



Join us on select Sundays as we visit local diners and breakfast spots for a delicious morning brunch. Make sure to bring your appetite and some good conversation to share with your CEL friends!

**January 14: The Brunch Factory**

*9:30am - 12:30pm \$55*

**February 18: Elly's of Mundelein**

*9:30am - 12:30pm \$55*

**March 24: Butterhills Café**

*9:30am - 12:30pm \$55*

**April 14: Cherry Pit Café**

*9:30am - 12:30pm \$55*



# SUNDAY EVENTS (AGES 18+)

All Events Take Place at CEL



## EVENT

**Old Time Rock and Roll:** Celebrate Elvis’s birthday, the KING of rock and roll, by traveling back in time to the birth of the rubber legs dance and the twist! We will explore the music, fashion, and slang of the time. Are you ready, daddy o’s?

## DATE/TIME

Sunday, 1/14  
2pm - 4pm

## FEE

\$40

**Taste of Italy:** What’s better on a chilly winter day than a bowl of tasty soup? We will make a delicious Italian vegetable soup – minestrone! While our soup is simmering, we will learn about Italy – the art, fashion, culture, and food! *Mangia!* (That’s “let’s eat” in Italian)

Sunday, 1/21  
2pm - 4pm

\$45

**Go Hawks!** Wear your Blackhawks team apparel and hit CEL for a real ‘barnbuster’ of an afternoon with fellow hockey fans! Watch highlights from the Hawks season, create fan art, discuss your favorite player, and more!

Sunday, 1/28  
2pm - 4pm

\$40

**Looney Tunes:** Stop by and share your love of Bugs Bunny and friends! From the classic characters to Space Jam, learn to draw your favorite character, make a unique treat, and watch highlights from Porky Pig, Daffy Duck and Bugs! *That’s all folks!*

Sunday, 2/4  
2pm - 4pm

\$40

**Mardi Gras CELebration:** “*Laissez les bons temps rouler*” That means let the good times roll, as we turn the CEL lounge into a jazzy New Orleans party. Explore the traditions, food and music of this world-wide celebration!

Sunday, 2/11  
2pm - 4pm

\$45

# SUNDAY EVENTS (AGES 18+)

## EVENT

**Super Bowl Viewing Party:** Who will take the grand stage for Super Bowl LVIII? Join football fans and watch the game, live from Las Vegas, in the comfort of our CEL lounge. Enjoy stadium food, the half-time show, and let's not forget to rate the commercials!

### DATE/TIME

Sunday, 2/11  
5pm - 9pm

### FEE

\$40



## EVENT

**Taste of the Caribbean:** Explore the rich culture of these beautiful islands and the people. Learn about the music, traditions, celebrations, and history. And we can't leave the islands without having a delicious island snack!

### DATE/TIME

Sunday, 2/18  
2pm - 4pm

### FEE

\$45

**Superhero Slam:** It's LEAP year, and what better way to celebrate than to check out superheroes able to 'leap tall buildings in a single bound' and scale skyscrapers? Wear your favorite hero t-shirt and let's leap into fun!

Sunday, 2/25  
2pm - 4pm

\$40

**Calling all Wizards:** "All wands at the ready!" Let's explore magical worlds - from the tales of the Lightning Thief to your favorite, Harry Potter, we will share an afternoon of magical fun!

Sunday, 3/3  
2pm - 4pm

\$40

**Taste of Asia:** Such a wide array of tastes and flavors from the Far East. We will explore the culture and traditions of Japan and Thailand, China and more. And we will sample some delicious treats and snacks!

Sunday, 3/10  
2pm - 4pm

\$45

**St Patrick's Day CELebration:** Calling all leprechauns! Are you ready for some mischief and fun as we celebrate all things Irish? Search for golden coins, play rainbow bingo and enjoy some soda bread and Irish cream. *Erin go bragh!*

Sunday, 3/17  
2pm - 4pm

\$45



# SUNDAY EVENTS (AGES 18+)

## EVENT

**Spring Fling:** Shake off those cold day blues and warm up with some singing and dancing! That's right...it's time for some karaoke and open mic, where you show off your skills and talents. Come cheer on your friends!

## DATE/TIME

Sunday, 4/7  
2pm - 4pm

## FEE

\$40

**Spring Crafternoon:** You love to create colorful and unique arts & crafts of the season; CELebrate the arrival of spring by putting your own touch on a variety of projects. Make something for you and for a friend!

Sunday, 4/14  
2pm - 4pm

\$45

**Love our Planet Earth:** Love the world around us by learning more about sustainability and create something unique from recyclable products. Learn about how we preserve our land and wildlife. Recycle, repurpose and reuse!

Sunday, 4/21  
2pm - 4pm

\$40

**Taste of Israel:** Explore the beauty of this magnificent country and learn the history, customs, and culture of its people. Enjoy making homemade hummus and sample some delicious falafel.

Sunday, 4/28  
2pm - 4pm

\$45

**Cinco de Mayo!:** Join us for one of your favorite CEL events as we enjoy the traditions, culture, and food of this beautiful holiday. Watch and try out lively dance steps and sample some delicious sauces and beverages.

Sunday, 5/5  
3pm - 5pm

\$45

**May Day CELebration:** Would you like to make CEL its very own festive May pole? We are going to give it our best shot and then celebrate with a colorful dance after learning about May Day customs from around the world!

Sunday, 5/12  
2pm - 4pm

\$40



# SUNDAY EXCURSIONS (AGES 22+)

Head out into the community!

## EVENT

**Disney on Ice:** Experience the magic and the power of love with several Disney characters and stories. *Fee includes ticket and snack - please bring money for souvenirs or additional treats.*

## DATE/TIME

Sunday, 1/21  
2:00pm - 6:00pm

## FEE

\$100  
\$

**Chicago Wolves:** We will head down to the Allstate Arena for an afternoon of fast-paced hockey fun! *Fee includes ticket and snack - please bring money for souvenirs or additional treats. Note: Please be aware that these games include loud music and flashing lights, including strobe lights.*

Sunday, 3/10  
2:00pm - 6:00pm

\$85  
\$

**Medieval Times:** An afternoon of medieval jousting, jokers and fun! The top knights of the kingdom battle to determine one victor to protect the throne. *Fee includes ticket and a delicious four-course meal. Please bring money if you'd like to purchase souvenirs.*

Sunday, 4/7  
3:00pm - 7:30pm

\$120  
\$

## WEEKEND OVERNIGHT TRIP

(AGES 22+)



### Spring Getaway – Wisconsin's Hidden Treasures:

We will plot our path with a stop at the House on the Rock and Cave of the Mounds, then visit New Glarus and its well-known brewery. We will venture into Madison to tour the Capitol and explore the country's largest farmer's market. Join us for this exciting spring getaway weekend!

*Hotel room, meals and attractions are included, but please bring money for shopping, souvenirs, or extra goodies.\*Please note that members will be sharing a room with 2 beds at a Madison area hotel. There will be a considerable amount of walking at all venues, including uneven surfaces. An information packet with more guidelines & details can be sent to members interested in this trip.*

**When:** Friday, 4/19, 9am to Sunday, 4/21 4pm

**Fee:** \$850



some walking



moderate walking



lots of walking



bring extra money



# NOW RECRUITING: BE A PART OF CEL!



**It takes a full team of wonderful people to continue providing a place where people with disabilities are welcomed and celebrated.**



CEL's Board of Directors, volunteers, staff, and interns all play important roles in the operation and success of programs and special events, providing enthusiasm, talent, creativity, and support. Please consider joining the CEL team!

**Volunteer, Intern, or Work for CEL**



*Scan Me*

# 2024 VIRTUAL PROGRAMS!



Scan  
to  
Register

[CenterForEnrichedLiving.org/  
Virtual](https://CenterForEnrichedLiving.org/Virtual)

Start enjoying  
virtual programs in  
January or join later –  
fees will be prorated on  
a monthly basis!

*Scheduled Activities and times  
are subject to change based on  
enrollment.*



## SPORTS SUNDAY!

**Sports Chat:** Time to recap sports news and share updates on the Bears, Hawks, Bulls, and the world of sports!

DATE	TIME	FEE
Sundays 1/7 – 5/12 (16 weeks) No program 3/24, 3/31 or 5/5	10:00am-10:30am	\$80

## MARVELOUS MONDAYS

**Disney Behind the Scenes:** Discover the magic of animation, CGI, and explore the making of all things Disney!

DATE	TIME	FEE
Mondays 1/8 – 5/13 (16 weeks) No programs 1/15, 3/25 & 4/1	3:30pm-4pm	\$80

**Harry Potter:** Check out behind the scenes, actor interviews, and special effects of new theatrical movies.

DATE	TIME	FEE
Mondays 1/8 – 5/13 (16 weeks) No programs 1/15, 3/25 & 4/1	4:30pm-5pm	\$80

**CELebrate the Holidays:** We will check out your favorite CELebrations and unique holidays from around the world!

DATE	TIME	FEE
Mondays 1/8 – 5/13 (16 weeks) No programs 1/15, 3/25 & 4/1	5:30pm-6pm	\$80



TERRIFIC TUESDAYS	DATE	TIME	FEE
<b>Tuesday Trivias:</b> Each week, we will pick a topic to amaze and challenge you with a grab bag of fantastic trivia!	<b>Tuesdays</b> 1/9 – 5/14 (18 weeks) No program 3/26	3:30pm-4pm	\$90
<b>Now Playing at the Movies!</b> Check out behind the scenes, actor interviews, and special effects of new theatrical movies.	<b>Tuesdays</b> 1/9 – 5/14 (18 weeks) No program 3/26	4:30pm-5pm	\$90
<b>Bingo Baby!</b> Get ready to win: diagonal, letter or coverall in one of your very favorite activities. Let's play Bingo, Baby!	<b>Tuesdays</b> 1/9 – 5/14 (18 weeks) No program 3/26	5:15pm-6pm	\$135
WHAT'S UP WEDNESDAYS	DATE	TIME	FEE
<b>Drawing 101:</b> Step by step guidance to draw favorite characters and designs – have your paper and pencils ready!	<b>Wednesdays</b> 1/10 – 5/15 (18 weeks) No program 3/27	3:30pm-4pm	\$90
<b>Taking Care of Me:</b> Explore your rights and health topics to take better care of yourself and friends around you!	<b>Wednesdays</b> 1/10 – 5/15 (18 weeks) No program 3/27	4:30pm-5pm	\$90
<b>On Broadway:</b> We will check out theater past and present, including what's playing in Chicago, New York and worldwide!	<b>Wednesdays</b> 1/10 – 5/15 (18 weeks) No program 3/27	5:30pm-6pm	\$90
THRILLING THURSDAYS	DATE	TIME	FEE
<b>Animals of the World:</b> Explore amazing species of animals sharing the world around us. Get ready for a wild experience!	<b>Thursdays</b> 1/11 – 5/16 (18 weeks) No program 3/28	3:30pm-4pm	\$90
<b>Foodies:</b> Discuss YOUR favorite foods, restaurants you can't wait to try, and delicious recipes for every occasion!	<b>Thursdays</b> 1/11 – 5/16 (18 weeks) No program 3/28	4:30pm-5pm	\$90
<b>Interactive Game Night:</b> Jeopardy, Deal or no Deal, Trivial Pursuit? You name it, we can find and play it!	<b>Thursdays</b> 1/11 – 5/16 (18 weeks) No program 3/28	5:30pm-6pm	\$90
FUN FRIDAYS!	DATE	TIME	FEE
<b>Disneymania:</b> Join us if you love all things Disney! We will explore the parks, movies and so much more!	<b>Fridays</b> 1/12 – 5/17 (17 weeks) No programs 2/9 & 3/29	3:30pm-4pm	\$85
<b>Sweet Home Chicago:</b> Let's discuss the wonderful neighborhoods, festivals, restaurants, music and sports teams!	<b>Fridays</b> 1/12 – 5/17 (17 weeks) No programs 2/9 & 3/29	4:30pm-5pm	\$85
<b>Decades of Music:</b> Beach music, disco, new wave, and pop – Let's check out the hits from Taylor to Bruno to the Beatles!	<b>Fridays</b> 1/12 – 5/17 (17 weeks) No programs 2/9 & 3/29	5:30pm-6pm	\$85

## ZOOM GUIDELINES

We will review the following guidelines with everyone during the first week of virtual programs. Our priority is to keep our programs safe for all participants. We may also use closed captioning and the mute feature.

- **Arrive ON TIME.**
- **Find a QUIET SPACE** to minimize background noise.
- **Be sure you have a strong internet connection.**
- **CEL rules still apply!** If you wouldn't say it at CEL, don't say it in the zoom programs.
- **Video must be on.**
- **Mute yourself as needed.** The host will mute you if background noise is interfering.
- **Share your ideas** and be open to learning something new!
- **Don't take photos.** To ensure everyone's privacy, please don't take pictures during zoom programs.

# PROGRAMS JUST FOR



## AFTERNOON HANGOUT

Join your friends for an afternoon of fun! Head on over to CEL for games, crafting, gym fun and so much more. If you'd like to get a glimpse at what summer camp includes, check out this mid-day program *A snack will be provided each afternoon.*

SELECT THE DAYS YOU WANT TO COME HANG OUT WITH FRIENDS:

<b>Mondays, 1/8-5/13</b> <i>(16 weeks; no program 1/15, 3/25 &amp; 4/1)</i>	<b>Wednesdays,</b> 1/10-5/15 <i>(18 weeks; no program 3/27)</i>	<b>Fridays, 1/12-5/17</b> <i>(17 weeks; no program 2/9 &amp; 3/29)</i>
3:00pm - 5:30pm	3:00pm - 5:30pm	3:00pm - 5:30pm
<b>\$770</b>	<b>\$860</b>	<b>\$815</b>

## TEEN/YOUNG ADULT EXCURSIONS

**Disney on Ice:** Chart a course through the night sky to Disney on Ice where every story starts with a wish! Experience the magic and the power of love with several Disney characters and stories. *Fee includes ticket and snack - please bring money for souvenirs or additional treats*

## DATE/TIME

## FEE

**Sunday 2/4**  
2pm - 6pm

**\$110**

**Rainforest Café:** Dine among the beautiful rainforest with friends, complete with cascading waterfalls, tropical rainstorms, trumpeting elephants, and entertaining gorillas.

**Saturday, 3/3**  
11:00am - 2pm  
**\$75**

Check out  
Page 23 for  
special  
ALL AGES  
events





# TEENS & YOUNG ADULTS

(AGES 13-21)



## TEEN/YOUNG ADULT EVENTS

**Be My Valentine:** Know what we like about you? Everything! Make cards for your loved ones, enjoy a yummy treat, and join your friends for singing and dancing – will you be our Valentine?

## DATE/TIME

Saturday, 2/10  
6pm - 8pm

## FEE

\$45

**Beach Time Fun!** It may still be chilly outside, but we are going to head to the beach, right in our CEL lounge! Wear your brightest 'spring break' fashion and sip on mocktails as we countdown to warmer weather!

Saturday, 3/9  
6pm - 8pm

\$45

**Hakuna Matata:** Celebrate the 30th anniversary of the Lion King with a 'circle of fun'! We will make jungle-themed art and treats, share our favorite clips from the movie and have a good old singalong. It means NO worries for the rest of your days!

Saturday, 4/13  
6pm - 8pm

\$45

**Countdown to Camp!** That's right! There's less than one month until Summer Camp 2024 and what better way to get ready than a night of fun with your camp friends! We'll take a sneak peek into the summer activities and experience what's in store for you as the countdown begins!

Saturday, 5/11  
6pm - 8pm

\$45



# SUMMER CAMP!

June 10 - August 2  
9 weeks  
(no program 7/4 or 7/5)



Scan For  
More Info

Camp booklet  
with more  
details will be  
available in  
mid-January



# ALL AGES EVENTS (AGES 13+)

## EVENT

**New Years Bash!** Wanna make some noise? Start off 2024 celebrating with friends as we welcome a year of fun ahead at CEL. Make your own party favors and resolution tree, sip some 'bubbly', share stories of the past year and hopes for 2024!

## DATE/TIME

Sunday, 1/7  
2pm - 4pm

## FEE

\$45

## “Mother’s Day” Family Breakfast:

Let’s bring together those who love and support you all year long! Mom, Dad, siblings, care staff or a dear friend or family member - introduce your loved ones to your CEL friends and staff and have fun together in your ‘happy place.’ We’ll serve a delicious breakfast with beverages and offer a special project for family fun! *Member must be accompanied by an adult guest. Minimal staff support for members will be provided. Fee Includes member & guest. Additional guests are \$30 per person.*

## DATE/TIME

Sunday, 5/5  
10am-12pm

## FEE

\$70 - member & guest  
\$30 - additional guest



ALL AGES WEEKEND EVENTS

## EVENT

**Picnic Fun!** Get ready to wrap up spring and jump into summer fun. Join us for some outdoor games, bingo, music and dancing, and delicious cookout food!

## DATE/TIME

Sunday, 5/19  
11:30am-1:30pm

## FEE

\$45

**NEW!**

# ROBERT VIHON FAMILY RESOURCE CENTER

**CEL is now offering mental health and occupational therapy services, plus resource consultations services through the Robert Vihon Family Resource Center (RVFRC).**



Emma Burton-Loder, LCSW  
Manager Of Robert Vihon  
Family Resource Center



Dr. Jenna Vangalis, OTD, OTR/L  
Occupational Therapist

## Family & Member Services

The RVFRC team will work with members and families (one-on-one and in groups) to help them navigate life transitions, connect with critical internal and external resources, and build meaningful, independent lives.

### Services offered will include:

- Occupational therapy services targeting a variety of common physical, social, cognitive, and environmental factors that may limit engagement in activities that are meaningful to our members.
- Explore different options for day, evening, and weekend programming in your area.
- Help in dealing with changes in life circumstances, such as the death of a parent or loved one.
- Parent, member and sibling support groups.
- Identifying needs for specialized services and providing resources to connect with these providers.
- Offering resources for learning about guardianship options and future planning decisions.
- Developing skills to build meaningful relationships.

**LEARN MORE**  
**ABOUT HOW HOW THE RVFRC**  
**CAN HELP YOU**



*Scan Me*



# EMPLOYMENT OPPORTUNITIES

EMPLOYMENT OPPORTUNITIES PROGRAM (AGES 18+)

**The Center for Enriched Living's Employment Opportunities Program exists so all CEL members who are seeking employment opportunities, will secure jobs that match their career choice(s), where they are compensated fairly, and in which they are fully satisfied!**

Center for Enriched Living is proud to partner with the Illinois Department of Rehabilitation Services (DRS). CEL has a Supported Employment Program and a Milestone contract with DRS. We also offer a private pay option for continued support and job retention purposes, and 1:1 coaching opportunities.

Our Employment Team provides individuals with developmental disabilities with the tools, support, and resources necessary to be successful throughout the entire employment journey!

- CEL Employment Specialists start with a comprehensive assessment aimed at identifying your skills, interests, levels of support, and ideal work conditions.
- We help you identify potential employers within your community that fit your individual interests and needs. Employment Specialists also provide support to job seekers, families, and employers in the areas of communication, coordination, education, and on-the-job job coaching support.
- Our approach results in a job opportunity integrated in the community that will meet the needs that you have for employment, the conditions necessary for your success, and the needs that the business has for valued, contributing employees.

**Earn a competitive wage as well as an increased social network and a sense of accomplishment.**



Scan to  
learn  
more



Contact [Outreach@CenterForEnrichedLiving.org](mailto:Outreach@CenterForEnrichedLiving.org)  
today to learn more about the employment process.

# REACH ADULT DAY PROGRAM

(AGES 18+)



REACH Day Program provides community based opportunities and activities for continued learning and growth for adults who have finished high school.

Monday through Friday, REACH members have the option to choose from a variety of activities based on personal interest, and individualized goals. CEL members participate in planning monthly activities which are geared towards enhancing their mind, body, and sense of self.

**REACH PERSONAL ENRICHMENT ACTIVITIES ARE DESIGNED TO FOLLOW OUR CORE PROGRAM CHARACTERISTICS.**



Recreation & Relationships



Education & Culture



Arts & Music



Community & Contribution



Health & Wellness

**LEARN MORE ABOUT REACH:**

**DETAILS ON THE PROGRAM AND HOW TO JOIN THE WAIT LIST.**



Scan Me



# CATALYST ADULT DAY PROGRAM

(AGES 18+)

**NEW!**



This NEW Day Program focuses on increasing confidence, life skills competency and efficiency through instruction and practice of new skills, development of previously learned skills, and modifying daily environments that may impact independence. Catalyst members will learn and practice skills in natural settings to facilitate skill translation to everyday life.

Catalyst participants will be best suited to the program if they have a willingness to learn and engage in both individual and group activities, and can commit to a minimum of 6 months of Catalyst sessions. Minimal bathroom support, open communication and ongoing practice with their guardian/parent/family at home, an awareness of physical safety while performing tasks, and openness to assessments are additional criteria for a member to experience success in this program in its initial phase.



*Scan to  
Learn More*

## INTERESTED IN LEARNING MORE ABOUT CATALYST?

Current members: Contact Melissa Juarez-Ehlers at [Melissa@CenterForEnrichedLiving.org](mailto:Melissa@CenterForEnrichedLiving.org).

NEW CEL Members: Contact a Community Engagement Coordinator to schedule a New Member Orientation and begin the membership process:

Brittany Mussen at 847.315.9890 or [Brittany@CenterForEnrichedLiving.org](mailto:Brittany@CenterForEnrichedLiving.org),  
or Cassara Cole at 847.315.0074 or [CCole@CenterForEnrichedLiving.org](mailto:CCole@CenterForEnrichedLiving.org).

# REGISTRATION INFORMATION

## Membership

Members are individuals who were registered for program(s) in the last program year or are past members with a current Member Information Form (within 2 years). All others must set an appointment to enroll as a new or lapsed member prior to coming to programs. New members must complete the new member orientation process prior to taking part in programs. Lapsed members may be asked to complete the process as well; the Outreach team will be your first point of contact.

## Fees and Registration

1. Complete the registration form in full. You must provide all requested information. Please print clearly. A signature on the waiver and the photo release is required. For registration and/or New Membership, please contact: [Brittany@centerforenrichedliving.org](mailto:Brittany@centerforenrichedliving.org) or [CCole@centerforenrichedliving.org](mailto:CCole@centerforenrichedliving.org)
2. Full payment is required at time of registration. You may pay by cash, check, money order, Discover, VISA, Mastercard, or American Express. If paying by credit card, complete that section of the registration form. Payment arrangements may be available by contacting Nancy Anderson at 847.315.9901 or [Nancy@CenterForEnrichedLiving.org](mailto:Nancy@CenterForEnrichedLiving.org). For registration and/or New Membership, please contact: [Brittany@centerforenrichedliving.org](mailto:Brittany@centerforenrichedliving.org) or [CCole@centerforenrichedliving.org](mailto:CCole@centerforenrichedliving.org)
3. Any outstanding fees owed to CEL must be paid in full prior to registration.
4. Waiting lists will be developed if interest exceeds available space.
5. If you are requesting a scholarship, please check the box on the registration form. Any outstanding fees owed to CEL must be paid in full prior to requesting a scholarship. See below for specific scholarship information.
6. New members must complete the new member orientation process prior to taking part in program(s). Please contact [Outreach@CenterForEnrichedLiving.org](mailto:Outreach@CenterForEnrichedLiving.org) or [Brittany@CenterForEnrichedLiving.org](mailto:Brittany@CenterForEnrichedLiving.org) to arrange an appointment.
7. Additional 1:1 support may be recommended at an extra cost in order to ensure a more enjoyable and safe experience for everyone.
8. CEL does not provide wheelchairs for members.

## Scholarship

CEL is proud to offer financial assistance for various programs. Scholarship awards may be limited and are based on financial needs and availability of funds. Scholarship applies to full fees only and cannot be combined with any other discount; are not available for dances; and will not be considered for applicants with a past due balance. Awards do not guarantee future assistance. Please return completed scholarship forms before the start of program to be considered for scholarship assistance. Contact Nancy Anderson at 847.315.9901 for further information.

## Refund Policy

- A cancellation that occurs prior to the start of a weekly program will incur a service fee of \$50 that will offset the credit or refund. No refunds will be given after the first day of the weekly program.
- For special events and excursions, cancellations must be made 2 weeks prior to be eligible for a credit or refund. If tickets have been purchased for an excursion, the cost of tickets will not be reimbursed unless the spot is taken by another member. If an excursion is cancelled by the venue or CEL, the program team will offer alternatives depending on the type of excursion and reason for cancellation. CEL has little control over venues that may cancel events.
- If a medical condition prevents a member from participating in a program, a doctor's note is required and will be evaluated on a case-by-case basis for credit or refund.
- Members who move out of the area will be eligible for a refund once the address change is confirmed.

## CEL Participation Policy

For the safety and benefit of each member, the Center for Enriched Living has the right to determine the program participation for each person. We ask that any member wishing to participate in excursions attend an on-site program prior to registering for community-based events.

## Wellness Policy

In order to maintain a healthy environment for all of our members and staff, and to minimize the spread of contagious diseases, we ask that members refrain from attending programs if any of the following conditions exist:

1. Strep throat and flu symptoms that might include fever, vomiting, diarrhea, stomachache and headache.
2. Active cold symptoms such as, cough and runny nose.
3. Contagious skin rashes, questionable rashes, lice, mites, impetigo.
4. Eye infections (pink eye).
5. A general report of feeling unwell. When members are not feeling well, they are unable to participate and enjoy programming.
6. To review our wellness policy and guidelines in regards to COVID-19, please visit [www.CenterForEnrichedLiving.org/Covid-19](http://www.CenterForEnrichedLiving.org/Covid-19)

Please inform CEL if a member contracts any contagious diseases that will affect attendance. Members can return to CEL after the symptoms have passed or with a doctor's recommendation. To ensure continuity of care to members experiencing medical conditions, CEL asks to be notified of any injuries, new or changes in medical conditions, surgical procedures, etc. A 'return to activities' note will be required before a member may return to CEL programs. Contact the program team for more information. **To ensure continuity of care for members experiencing medical conditions, i.e., new or changes in medical conditions, surgical procedures, etc.. We will require a 'return to normal activities' note before a member may return to CEL programs. Contact the program team for more information.** [Programs@centerforenrichedliving.org](mailto:Programs@centerforenrichedliving.org)

## Transportation

At this time, CEL may offer limited transportation to and from CEL. For more information about options, please contact the Outreach team.

We expect families, caregivers and agency staff to be on time for both pick-up and drop-off. In the event that a family member, caregiver or agency staff is late in picking up a member after program, late fees will be charged and families or agencies will be billed accordingly. CEL cannot assume the costs incurred when families, caregivers or agency staff are late picking up members. We reserve the right to suspend the membership of a member whose family member/caregiver/agency staff is late three (3) times or more during a program session.

## Other Information

In order to be fiscally responsible, CEL reserves the right to change fees when necessary to cover our expenses. Fees quoted in this guide will be in effect through May 2024.

Not responsible for lost or stolen property you bring to CEL programs.

## Early Arrival

We ask that members arrive to CEL no earlier than 10 minutes prior to any program, unless early arrival has been previously arranged. Ongoing early arrivals may result in restricted access to building.

## Email or Drop-Off Your Registration

Email your registration to [Outreach@CenterForEnrichedLiving.org](mailto:Outreach@CenterForEnrichedLiving.org), or drop-off your registration at CEL. Business hours are Monday through Friday from 9:00 a.m. to 4:00 p.m.

## Inclement Weather Information

If inclement weather occurs, CEL may determine to cancel programs and/or switch to a virtual format. (Inclement weather can be defined as heat index over 100° or higher, vehicles/sites without air conditioning, tornado warnings, icy road conditions, snow storms, extreme wind chill, etc.) If this does occur, CEL will call members prior to the start of a program to cancel program or offer virtual options, if available.

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*Program Guide Errors Our staff have made every effort to prepare this program guide as accurately as possible; however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Center for Enriched Living reserves the right to make any such adjustments. We apologize for any inconvenience these errors or adjustments may cause. CEL has no control over venues cancelling or rescheduling events. Should this occur, CEL will attempt to offer a comparable activity.*



# RETURNING MEMBER REGISTRATION FORM

The Center for Enriched Living • 280 Saunders Rd. • Riverwoods, IL 60015 • 847.948.7001 • fax 847.948.7621

Member's Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Primary Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## ADULT PROGRAMS *Please mark the programs to register.*

WEEKLY PROGRAMS		SUB-TOTAL
<input type="checkbox"/> Monday Night Bowling	\$480	\$
<input type="checkbox"/> Monday Night Bingo	\$400	
<input type="checkbox"/> Tuesday Night Art	\$540	
<input type="checkbox"/> Wednesday Night Sampler	\$450	
<input type="checkbox"/> Thursday Ladies Night	\$270	
<input type="checkbox"/> Thursday Guys Night	\$270	
<input type="checkbox"/> Friday Night Music	\$425	
<input type="checkbox"/> Saturday Social		
__ Option 1:	\$900	
__ Option 2:	\$1350	
__ Option 3:	\$1350	

SPECIAL EVENTS		SUB-TOTAL
<input type="checkbox"/> Sweetheart Dance: Fri, 2/9	\$30	\$
<input type="checkbox"/> Theater Lovers*		
__ Music Man; Sun 2/4	\$80	
__ 9-5: The Musical; Fri 5/3	\$80	
<input type="checkbox"/> Brunch Bunch		
__ The Brunch Factory; 1/14	\$55	
__ Walker Brothers; 2/18	\$55	
__ Butterhills Café; 3/24	\$55	
__ Cherry Pit Café; 4/14	\$55	
<input type="checkbox"/> Wisconsin Weekend Getaway Friday, 4/19 - Sunday, 4/21	\$850	

TEEN/YOUNG ADULT PROGRAMS		SUB-TOTAL
<input type="checkbox"/> Afterschool Hangout		\$
__ Monday	\$770	
__ Wednesday	\$860	
__ Friday	\$815	

TEEN/YOUNG ADULT EVENTS		SUB-TOTAL
<input type="checkbox"/> Be My Valentine; 2/10	\$45	\$
<input type="checkbox"/> Beach Time Fun; 3/9	\$45	
<input type="checkbox"/> Hakuna Matata; 4/13	\$45	
<input type="checkbox"/> Countdown to Camp; 5/11	\$45	

TEEN/YOUNG ADULT EXCURSIONS		SUB-TOTAL
<input type="checkbox"/> Disney on Ice	\$110	\$
<input type="checkbox"/> Rainforest Café; 3/3	\$75	

ALL AGES EVENTS		SUB-TOTAL
<input type="checkbox"/> New Years Bash; 1/7	\$45	\$
<input type="checkbox"/> 'Mother's Day' Breakfast; 5/5 (member & Guest)	\$70	
Additional guests ___ x \$30 = \$ _____		
Guest Name(s): _____		

<input type="checkbox"/> Picnic Fun! 5/19	\$45	
<input type="checkbox"/> Open Mic		
__ 1/19	\$20	
__ 2/16	\$20	
__ 3/15	\$20	
__ 4/19	\$20	
__ 5/10	\$20	
<input type="checkbox"/> Movie Night		
__ 1/26	\$25	
__ 2/23	\$25	
__ 3/22	\$25	
__ 4/26	\$25	
__ 5/17	\$25	



**VIRTUAL PROGRAMS**  
Please register online at  
[CenterForEnrichedLiving.org/Virtual](http://CenterForEnrichedLiving.org/Virtual)

MEMBER NAME: \_\_\_\_\_

**ADULT SUNDAY EVENTS 18+**

**SUB-TOTAL**

- Old Time Rock 'n Roll; 1/14 \$40
- Taste of Italy; 1/21 \$45
- Go Hawks!; 1/28 \$40
- Looney Tunes; 2/4 \$40
- Mardi Gras; 2/11 \$45
- Super Bowl Viewing Party; 2/11 \$40
- Taste of the Caribbean; 2/18 \$45
- Superhero Slam ; 2/25 \$40
- Calling all Wizards; 3/3 \$40
- Taste of Asia; 3/10 \$45
- St Patrick's Day Party; 3/17 \$45
- Spring Fling; 4/7 \$40
- Springtime Crafternoon; 4/14 \$45
- Love our Planet Earth; 4/21 \$40
- Taste of Israel; 4/28 \$45
- Cinco de Mayo; 5/5 \$45
- Mayday CELebration; 5/12 \$40

\$

**ADULT SUNDAY EXCURSIONS 22+**

**SUB-TOTAL**

- Disney on Ice\*; 1/21 \$100
- Chicago Wolves Game\*; 3/10 \$85
- Medieval Times\*; 4/7 \$120

\$

*\*Please note: The noted excursions overlap Sunday program and a Friday night program. We are not able to pro-rate a program based on registering for an excursion that runs at the same time.*

*Some excursions may run late depending on the venue and run time of events. We will notify families of adjusted pick up times on the day of the excursions.*

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**GRAND TOTAL**

\$

**SCHOLARSHIP REQUESTED**

Scholarship forms must be submitted by January 1 for Winter & Spring programs.

**PAYMENT INFORMATION**

- Payment in Full
- Payment plan *(credit card on file needed; 4-month split max)*
  - 2 Month Payment Split (January & February)
  - 3 Month Payment Split (January, February, March)
  - 4 Month Payment Split (January, February, March & April)

\_\_\_\_\_ Date of charge per month (i.e. 15th of every month)

Payment Plan Disclaimer: Total payments must be received by 4/30/2024. If the payment date indicated falls on a weekend or holiday, the charge will be run the following business day.

**TYPE OF PAYMENT**

- Check Enclosed  Card on File:  
*(made payable to the Center for Enriched Living)* Last 4 digits of card  
\_\_\_\_\_
- New credit card, contact me for payment

Contact Name \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_



# FAQs

## **CEL sounds like a wonderful experience – how do I get started?**

New members must contact a Community Engagement Coordinator to schedule a New Member Orientation and begin the membership process. Membership information should be completed in full and necessary documents provided to complete registration; The Community Engagement Coordinator will be the point of contact during this process. Please note that participation in an onsite program at CEL must occur prior to new members attending community excursions. Speak with one of the Community Engagement Coordinators to set up an appointment: Brittany Mussen, [Brittany@CenterForEnrichedLiving.org](mailto:Brittany@CenterForEnrichedLiving.org), 847-315-9890 or Cassara Cole, [CCole@CenterForEnrichedLiving.org](mailto:CCole@CenterForEnrichedLiving.org), 847-315-0074.

## **Can additional supports be provided?**

We recognize that some members may require additional assistance to have a meaningful, safe, and successful experience. The program team will assess needs during the new membership process to ensure necessary supports are in place, especially for community-based activities. Our primary responsibility is the safety and security of all members, staff, volunteers, and community partners.

## **When are program fees due?**

Payment is preferred in full at the time of registration. Payment plans can be arranged with a credit card on file. In order to keep your account current, any balances are due in full prior to an event, excursion or recurring program.

## **Are there any discounted rates or coupons for programs?**

CEL is proud to offer scholarship opportunities for programs. Please see page 28 for full details.

## **What is your credit and refund policy?**

- A cancellation that occurs prior to the start of a weekly program will incur a service fee of \$50 that will offset the refund. No refunds will be given after the first day of the weekly program.
- For special events and excursions, cancellations must be made 2 weeks prior to be eligible for a credit or refund. If tickets have been purchased for an excursion, the cost of tickets will not be reimbursed unless the spot is taken by another member. If an excursion is canceled by the venue or CEL, the program team will offer alternatives depending on the type of excursion and reason for cancellation. CEL has little control over venues that may cancel events.
- If a medical condition prevents a member from participating in a program, a doctor's note is required and will be evaluated on a case-by-case basis for credit or refund.
- Members who move out of the area will be eligible for a refund once the address change is confirmed

## **What if I require a dietary consideration for a program or event?**

We strive to accommodate the needs of our members and will do our best to meet requests. In some cases, particularly meals that are planned for a group event or those in the community, it may be difficult to ensure special menu choices. When snacks are offered during programs, members must bring their own gluten-free or dairy-free items as an alternative.

**More  
Questions?**

Call us at 847-948-7001  
or email  
[info@CenterForEnrichedLiving.org](mailto:info@CenterForEnrichedLiving.org)



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# **SAVE THE DATE - Chefs' Night!**

**Monday, May 20, 2024**

